

CITY OF DETROIT  
**PROCLAMATION**

*Falun Dafa Day*

**WHEREAS**, May 13, 2022, marks the 30<sup>th</sup> anniversary of the introduction of Falun Dafa - one of the world's most popular meditation and cultivation practices. Falun Dafa, also called Falun Gong, is an ancient Qi Gong discipline of mind/body cultivation. It is a way to improve physical and mental wellness through a series of gentle exercises and meditation. This cultivation practice is guided by the principles of truthfulness, compassion, and forbearance. Falun Dafa encourages people to be good, kind and thoughtful of others; and

**WHEREAS**, rooted in ancient Chinese spiritual tradition, Falun Dafa was first taught publicly in China in 1992 by Mr. Li Hongzhi. It spread quickly as tens of millions of Chinese citizens found greater health and spiritual well-being through the practice. Today, Falun Dafa is practiced in over 80 countries worldwide by people of all ages and backgrounds. It is always taught free of charge by volunteers, and can be practiced individually or in groups; and

**WHEREAS**, In July 1999, the government estimated that there were 70 to 100 million people practicing Falun Dafa in China and the Chinese Communist Party started to persecute the practice because of its wide popularity; and

**WHEREAS**, Falun Dafa Practitioners' determination and courage to stand up for truthfulness, compassion and tolerance while facing severe persecution from the Chinese Communist Party. Falun Dafa practitioners have touched the lives of residents in Detroit. They dedicate countless hours to their communities in organizing free meditation classes, outdoor exercises, cultural programs, and participating in many community events like parades, and festivals to share the beauty and benefits of the Falun Dafa practice; and

**NOW, THEREFORE, BE IT RESOLVED**, I, Mike Duggan, Mayor of the City of Detroit do hereby declare May 13, 2022, as Falun Dafa Day in Detroit, and recognize and honor Falun Dafa practitioners' significant contributions and their strength in the face of oppression.





Mayor

*May 7, 2022*

Date